

BEAUFORT COUNTY COMMUNITY COLLEGE EXERCISE ROOM WAIVER & AGREEMENT

In consideration of being granted use of the Exercise Room at Beaufort County Community College on my own behalf I do hereby release and discharge Beaufort County Community College and its present and former officers, directors, agents, employees, successors, and assigns, and their respective legal representatives, beneficiaries, heirs, executors, personal administrators, successors, and assigns (collectively the "Released Parties") of and from all claims including without limitation counterclaims, cross-claims and third party claims, demands, liabilities of whatever kind, nature or description, known or unknown, direct or indirect, which arise from or out of or are connected with any injury or loss or my person or property incurred as a result of my use of the Exercise Room. **I fully understand and agree that my use of the Exercise Room is unsupervised and solely at my own risk.** I also fully understand that Beaufort County Community College, its Board of Trustees, its Officers or its Employees shall not be responsible for any items left in the Exercise Room.

Furthermore, I understand that the Exercise Room is an amenity for the exclusive use and enjoyment of Beaufort County Community College staff and faculty that I agree to abide by the following:

1. I am only permitted to use the Exercise Room when Beaufort County Community College is open and **instructional class is not being held there.**
2. As the area is only for the exclusive use of staff/faculty who have also signed an Exercise Room Waiver & Agreement and who will gain entry via a key card provided by Beaufort County Community College, I will shut the door upon entry into the Exercise Room, and I will not allow any one into the Exercise Room other than myself. Guests of any kind, including minor dependents and animals, are not permitted.
3. If my key card is lost or stolen I will report it immediately to the Director of Human Resources so it can be disabled. I am responsible for any damage or theft to the Exercise Room facility or its equipment with which access to was gained through use of my card.
4. I will not smoke in the Exercise Room.
5. I will not bring food or beverages into the Exercise Room, with the exception of plastic water bottles which are permitted. I am responsible for removing all refuse and debris and depositing in designated containers.
6. Before I use any equipment, I will acquaint myself with the operation instructions.
7. I will wear proper exercise attire at all times (a minimum of shorts, shirt, and athletic shoes)
8. I will only use the exercise equipment for its proper intended use. After use, I will reset machine to its lowest possible weight.
9. I agree to only use music equipment with headphones.
10. I agree not to bring any exercise equipment or free weights into the Exercise Room.
11. I agree not to remove or relocate any exercise equipment out of the Exercise Room.
12. I will not use oil on my body while using the equipment.
13. I will limit my use of any piece of equipment to thirty (30) minutes if anyone else wishes to use that piece of equipment.
14. I will not intentionally drop any weights.
15. I will wipe off equipment after I use it.
16. I will turn off the lights when I leave the Exercise Room unless others are present.

17. I acknowledge the Exercise Room is under surveillance by Campus Police.

18. I hereby agree to check with my personal physician and get his or her approval prior to using any equipment in the Exercise Room.

I understand that the Exercise Room may occasionally be closed at which time the exercise equipment will not be available for any use. Management will attempt to post any closures in advance. I also understand that Management may restrict the hours of general operation of the Exercise Room.

I hereby read the above before signing, agree to abide by the above, and understand that if I do not abide by the above my right to use the Exercise Room can be revoked.

Print Name

Sign Name

Date

BCCC Representative

Date

Key Card #