**Dance/Recreation Classes Technical Standards**

**Purpose Statement**

All Dance/Recreation Classes students are expected to meet certain essential technical standards for successfully completing all program phases and reflect industry requirements and standards. To verify the student’s ability to perform these essential functions, students may be required to demonstrate the technical standards below.

Meeting these technical standards does not guarantee employment in this field upon graduation. The ability to meet the program’s technical standards does not guarantee a student’s eligibility for any certification exams or successful program completion.

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| Technical Standard | Definition of Standards | Examples |
| Critical Thinking/Problem-Solving Skills | Ability is sufficient to follow directions and complete assigned projects. | * Receive, interpret, and correctly complete the required sequence of events. * Ability to make decisions, respond to directions given by the instructor, and follow through. |
| Interpersonal Skills | Abilities are sufficient to interact with individuals from a variety of social, emotional, cultural, and intellectual backgrounds. | * Provide assistance to fellow students and instructors when requested. * Demonstrate sufficient emotional health to perform under stress, exercise good judgment and promptly complete all tasks. * Provide feedback to the instructor to ensure a clear understanding of the instructions and demonstrations provided. |
| Communication Skills | Abilities are sufficient for interaction with others in verbal form. | * Ability to comprehend instructor’s directives. * Ability to respond with answers and/or questions about classroom needs. * Provide and follow directions from other members of the class. * Demonstrate active listening skills. |
| Coping Skills | Ability to maintain a state of harmony. | * Solves personal and interpersonal problems. * Minimizes stress and conflict. * Balances internal needs and external demands. |
| Mobility/Motor Skills | Physical abilities are sufficient to move in one’s environment with ease and without restriction. | * Ability to move or position body as required by the specific activity. * Ability to bend, stretch and move from side to side for 60-90 minutes, with or without breaks. * Ability to navigate to and complete movements/exercises on the floor for at least 60 minutes. |
| Auditory Skills | Auditory abilities are sufficient to follow the instructor’s instructions and work effectively and safely. | * Discern the instructor’s direction in a lab environment. * Ability to discern the instructor’s instructions from 15-30 feet away. |
| Visual Skills | Visual ability is sufficient for observation and assessment necessary to complete assigned projects. | * Ability to see the instructor’s demonstrations from 15-30 feet away. |
| Environmental | Ability to tolerate environmental stressors. | * Practice standard safety precautions. * Ability to participate quietly and stay on task for one to one and one-half hours, with or without breaks. |
| Emotional/Behavioral | Emotional stability is sufficient to maintain composure in stressful situations and assume responsibility/accountability for actions. | * Adapt rapidly to changing environments and/or stress. * Calmly receive feedback. * Demonstrate honesty and integrity beyond reproach. * Ability to exercise calm and restraint in classroom situations while following through with classroom assignments. |

In the case of an otherwise qualified individual with a documented disability, appropriate and reasonable accommodations will be made unless doing so would fundamentally alter the essential training elements, cause undue hardship, o produce a direct threat to the safety of the patient or student.

Beaufort County Community College is dedicated to providing equal opportunities to all individuals regardless of race, color, religion, sex, national origin, age, disability, veteran status, sexual orientation, gender identity or other legally protected category. The College will provide all qualified individuals reasonable accommodations in the work and educational environment and ensure equal access to all College programs, activities and facilities. The College does not discriminate in admissions, educational programs, or employment on the basis of any factor outlined above or prohibited under applicable law. The College is committed to creating and maintaining an environment free of discrimination that is unlawful or prohibited by College policy. For detailed information or to request accommodations visit Support Services at <https://www.beaufortccc.edu/student-life/accessibility-services>. An appointment is recommended prior to enrollment in order to discuss any special concerns.

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