

Policy 1.09

Wellness Policy

The Board of Trustees acknowledges the value of student and employee wellness. The Board therefore authorizes the College to offer programs and services that empower students and employees to take initiatives that will lead them on the way to wellness.

Each full-time employee is therefore authorized to participate in up to two 30-minute exercise periods per week. Employees must coordinate participation in such programs with their immediate supervisor. Approval to participate may be altered or rescinded at any time by the supervisor, vice president, or president.

Further, the Board of Trustees authorizes the President to establish and continuously update procedures and processes to promote employee and student wellness.

References

Legal References: *Enter legal references here*

SACSCOC References: *Enter SACSCOC references here*

Cross References:

History

Senior Staff Review/Approval Dates: *07/26/16 electronic vote*

Board of Trustees Review/Approval Dates: *8/2/2016*

Implementation Dates: *Enter date(s) here*